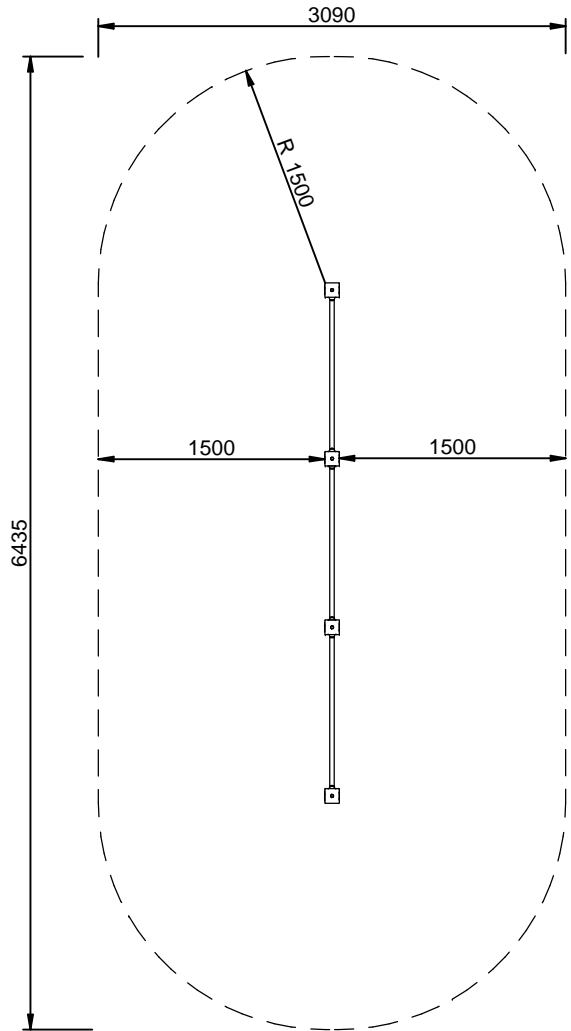




FICHA DE PROYECTO / PROJECT SHEET / FICHE DE PROJÉT / FICHA DO PROJETO

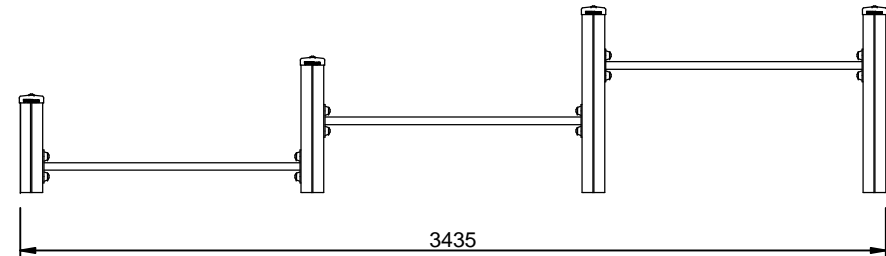
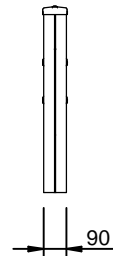
FLEXIONES / PUSH UP BAR / FLÉCHISSEMENTS / FLEXIONES

JCIR04



E 1/50

A = 11,2m²
 H = 0,39 m



E 1/30